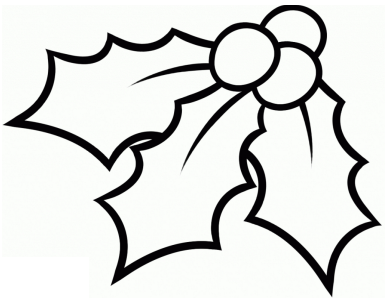


TIDINGS



OF

STRESS

AND

FEAR