



STRONGHOLDS OF UNSURRENDER

Interactive Quiet Time Instructions

This interactive quiet time requires between 45 minutes to 1-1/2 hours to complete. Women need to stay fairly close, as they are asked to bring something to the cross.

Process: Individuals work through the study. When directed, they take what they have written on the paper given and post it on the cross.

Supplies:

- Wooden cross in a central location with a nail on it where surrender prayers can be posted;
- Small square of paper given to each woman for her prayer of surrender