



"Good and Perfect Gifts"

Interactive Quiet Time Instructions

This interactive quiet time requires between 45 minutes to 1-1/2 hours to complete. Women need to stay fairly close, as they are asked to retrieve something from three boxes that are located together in the room.

Process: Individuals work through the study. When directed, they go to the three boxes located in the room and choose a promise from each box. They are asked to tape these in their study, so tape should be made available. At the end of the quiet time, prayer teams are available should anyone desire prayer.

Supplies:

Tape

Three boxes wrapped in such a way that the lid can easily be taken off

Promises cut into strips**

**The downloadable document "Good and Perfect Gifts-Promises" is divided into three sections:

God Promises His Presence and Guidance

God Promises Peace and Strength

God Promises to Take Action

This should be done ahead of time. Each promise section is cut into strips and put into one of the boxes. This is important--each box should contain enough promise strips so that everyone in your group will get one verse from each category of promises. If there are not enough promises in one section, you may need to make a second copy of that section. There can be two or more of the same promise in a box.